

The 4 Levels of Golf Swing Understanding

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Hello, Dori here. I want to welcome you to this video on the FOUR levels of golf swing understanding. I think it's very helpful to know what level of golf swing understanding you're at, and to know what the different levels are. So, you can see where you could be.

How Do I Learn to Swing?

Okay, let's get started. The golfers who are level one are normally new golfers, and they haven't yet realized that there are many different ways to swing. So, they just think, "I want to learn how to swing" as if there is just one way to swing. And usually, they don't care where they learn it. When you think there's just one way to swing.

Well, you figure you can learn it anywhere, right, because there's just one way to swing. So, you just might as well go where the price is the least and learn it there, why not.

So Many Swings Out There!

Very quickly though, many golfers learn that there isn't just one way to swing. In fact, there are many different ways to swing, and the way to swing you're being told, depends on who you're asking. So, depending on who you talk to, you may learn a completely different swing than if you talk to somebody else.

Now you've entered level two. Golfers at level two don't believe there's just one way to swing anymore. They get it. There are a lot of different ways to swing, and it depends on who you ask or who you're talking to. So now they're going to search for the right way to swing.

So, of all the different methods out there, what's the one way that is the best way to swing? Many, many golfers are at level two. They're hunting for the right way to swing.

But What is the BEST Swing?

And they're going through all the different methods, trying to find it. At some point, though, those golfers who are dedicated to finding the right way to swing. They eventually see that

there are many right ways to swing. There are a lot of different ways to swing that works. You just look on tour to see that when a golfer realizes that there are many right ways to swing, then they've reached level three. Now the search continues, but it's slightly different because now it's not just about finding the right way to swing. It's about finding the swing that fits them best.

Now, the golfer has a deeper understanding of the many methods out there and that many of them work - it just depends on who you are. So now they're looking at themselves and they're saying, okay, now I need to find the right way to swing that fits me best.

Where Most Experienced Golfers Get Stuck

In other words, of all the right ways, one of them is going to fit me best - that's level three. As we discussed, most new golfers are going to be at level one where they think there's just one way to swing. Most experienced golfers are going to be a level two or three. The more experienced golfers are going to be level three for most golfers. This is as far as they go, level three. And they stay at level three for their entire golf career for as long as they play golf.

And the search forevermore is to find the swing method that fits them best. This is where I was for many, many years. Just like all the other experienced golfers out there who are searching and searching. You end up at level three, you at least realize there are many different methods out there.

Don't Stop at Level 3

And you're thinking, okay, one of these isn't just right, but it's right for me, the best one for me. And that may sound like a great place to be, but there is another level that most golfers have never reached - level four. In fact, most golfers don't even realize there is a level four.

Level four is what we teach at *REAL Golf Improvement™*. For the first 15 years of my golf career, I was primarily in level three. You know, once I got past level one and two, I lived at level three, like most experienced golfers and golf professionals.

But for the last 15 years I've been at level four, and level four is the place you want to be. It's the place where you have the deepest understanding possible about your golf swing.

Go Beyond Swing Methods

You realize that swing methods themselves are holding you back. You realize that it's not about finding the swing method that fits you best. Level four is about ending your search altogether anymore at all.

It's simply about finding your best swing. I've been at level four for the past 15 years, both as a player and a coach. And I will tell you, level four is where it's at. That's where ultimate freedom lives. That's where the golf swing you've always wanted lives. The last golf swing you ever need to learn. And that's because you're finally going to be able to find your best swing, the one and only swing that fits you best.

And there's no way you're going to find that in any swing method. You have to go beyond swing methods entirely. If you want to find it, this is the way I teach now and have taught for the past 15 years. This is the real swing approach. It's about finding your best swing. Once I show you how to do it, you'll understand why it's light years ahead of level three.

What Level Are You At?

And it's so dramatically different and much more effective than anything you've done before. So, getting back to you now, what level are you at?

Are you at level one where you think there's just one right way to swing, and you're going to go out and try to find it? Are you at level two when you realize there are many different ways to swing, but you're looking for that one that's the most right? Or are you at level three when you realize there are many right ways to swing, and you're hunting for the one that fits you best whatever level you're at?

Level 4 Is Where It's At!

I want to invite you to skip all the levels. One, two, and three, and just jump straight up to level four and start finding your best swing. And that's exactly what I'm going to show you how to do in the *REAL Golf Improvement™* program levels. One, two and three are all the conventional approach to golf. Swing improvement. Level four is the *REAL Golf Improvement™* approach.

The Last Golf Swing You Will Ever Need

Whatever level you're at right now, it actually doesn't matter, because you can jump right up to level four and learn your best swing. And I'll show you in the next training how much more effective that's going to be.

All the time and struggle that it's going to save you to stop hunting through all the different swing methods to finally find the swing you've always wanted your best swing. It's the last swing you'll ever need to learn, because it's the only swing that'll fit your body perfectly and give you those results you want. I look forward to helping you jump up to level four and to see what true swings and freedom feels like.